

## How Reiki Works:



Reiki has been practiced since the early 20<sup>th</sup> century, after Mikao Usui discovered the flow of energy through hands during a 21 day meditation experience.

**Reiki is the least invasive form of energy work because the practitioner does not manipulate or even necessarily sense the energy of the client. The practitioner places his or her hands on the body of the person receiving treatment for a few minutes, and energy flows through the practitioner to the receiver without restriction.**

The energy that is flowing during Reiki is the purest, cleanest energy of the universe. Dr. Robin's teacher, Libby Barnett, believes the energy is Unconditional Love. We experience this energy in different ways: warmth, tingling, bright colors, images, emotional releases and changing sensations may all occur during or following a treatment.

As we are fed this wonderful Source Energy, our body/minds become deeply relaxed, and a wonderful feeling of well-being comes over us. It's wonderful. People leave treatments feeling elated, floaty, fewer symptoms, and a sense of ease.

Regular Reiki treatments are recommended for those with chronic pain (physical or psychological), terminal illness, and those wishing to decrease stress and challenges in their lives.

At Road to Wellness, Dr. Robin highly recommends combining Reiki with chiropractic adjustments, because they both complement each other. Reiki relaxes the system before the adjustment, and then the body tolerates and integrates the adjustment more easily, thus making care more effective.

**Please call today if this type of work calls to you.**

**A special introductory offer of 15 minutes for 20\$ can help you decide whether this work is right for you.**

**978-751-3548**